

## Loggerheads Trail 5k & 10k 2019 Results (09/03/2019)

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	129	Kim	Mazucca	F	V50	5km Canix	Wye Valley Canicross	0:21:38
2	211	Scott	Nixon	M	Open	5km	Deestridders	0:21:51
3	233	Tim	Hargreaves	M	V50	5km Canix	Buckley RC	0:23:10
4	1	Adam	Williams	M	V40	5km	Buckley RC	0:24:43
5	76	Gareth	Evans	M	V50	5km Canix	Sandbach Striders	0:25:07
6	199	Robert	Mitchell	M	V50	5km	Mersey Tri	0:25:09
7	147	Lynsey	Coan	F	V40	5km Canix	Canicross Clwyd	0:25:26
8	164	Mick	Sherlicker-Turner	M	Open	5km Canix	Preston Canicross	0:26:08
9	177	Paul	Duddle	M	V40	5km	OutFit	0:26:15
10	200	Rowenna	Darlington	F	Open	5km Canix	Canicross Clwyd	0:27:02
11	27	Ben	Herron	M	Open	5km Canix	South Cheshire Harriers	0:27:03
12	250	Glyn	Nelson	M	Open	5km		0:27:08
13	148	Marcus	Bowden	M	Open	5km		0:27:23
14	90	Helene	Pettit	F	V40	5km Canix	Vegan Runners	0:28:32
15	193	Rebecca	Good	F	Open	5km Canix	Run Free Fell Runners Llangollen	0:29:10
16	106	Jenny	Douglas	F	V40	5km	OutFit	0:29:50
17	227	Suzy	Harrison	F	V40	5km Canix		0:29:55
18	175	Nigel	Douglas	M	V50	5km	OutFit	0:29:59
19	78	Gareth	Roberts	M	V40	5km Canix	Prestatyn RC	0:30:41
20	66	Emily	Sullivan	F	Open	5km Canix	Canicross Clwyd	0:30:55
21	13	Andrea	Reynolds	F	Open	5km Canix	Sandbach Striders	0:30:58
22	44	Colin	Martin	M	Open	5km Canix		0:31:34
23	152	Marianne	Mulder	F	V40	5km Canix	Canicross Cheshire	0:31:35
24	203	Sabina	Dunkling	F	Open	5km Canix	Canicross Anglesey	0:31:46
25	149	Marguerite	Pearce	F	Open	5km	OutFit	0:32:01
26	99	Jade	Ashbrook	F	Open	5km Canix	Canicross Clwyd	0:32:07
27	161	Matthew	Whalley	M	Open	5km	Kirkby Milers AC	0:32:42
28	105	Jenni	Wykes	F	V40	5km	OutFit	0:33:05
29	181	Paul	Williams	M	Open	5km		0:33:08

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
30	208	Sarah	Bayliss	F	V50	5km	Denbigh Harriers	0:33:12
31	71	Frank	Heath	M	V50	5km		0:33:25
32	102	Jane	Antrobus	F	V40	5km Canix	Canicross Clwyd	0:33:38
33	183	Pauline	Parsons	F	V50	5km	OutFit	0:34:02
34	72	Frazer	Baker	M	Open	5km		0:34:18
35	91	Hilary	Megoran	F	V60	5km Canix	Anglesey Canicross	0:34:24
36	128	Kevin	Carberry	M	V40	5km	Kirkby Milers AC	0:34:25
37	65	Eleri	Hurst	F	U12	5km		0:35:27
38	170	Neil	Mcguckin	M	Open	5km		0:35:28
39	68	Ffion	Tomos	F	Open	5km Canix		0:35:52
40	139	Louis	Kennedy	M	Open	5km		0:36:09
41	239	Vicky	Hinstridge	F	V50	5km	Cadence Tri	0:36:22
42	8	Alan	Stringer	M	Open	5km		0:36:44
43	195	Rhian	Jones	F	V40	5km	OutFit	0:37:00
44	191	Rachel	Twiss	F	V40	5km	OutFit	0:37:15
45	98	Jacky	Roberts	F	V40	5km Canix	Canicross Anglesey	0:37:22
46	133	Leah	Kirkham	F	V40	5km		0:38:03
=47	80	George	Baker	M	Open	5km		0:38:09
=47	165	Mike	Baker	M	V60	5km	OutFit	0:38:09
49	23	Ashleigh	Gibbon	F	Open	5km		0:38:10
50	41	Chris	Mcfadden	M	Open	5km Canix	Vegan Runners	0:38:11
51	110	Jo	Emslie	F	V40	5km		0:38:19
52	59	Donna	Bullivant-Evans	F	Open	5km Canix		0:38:33
53	57	Derek	Doran	M	V50	5km	OutFit	0:38:37
54	169	Neil	Devine	M	V40	5km		0:39:06
55	180	Paul	Webster	M	V40	5km		0:39:07
56	245	Ollie	Surman	M	U12	5km Canix		0:40:06
57	244	Lorraine	Matthews	F	V40	5km Canix		0:40:25
58	162	Megan	Mcunigle	F	Open	5km		0:40:36
59	150	Maria	Larsson Jones	F	V40	5km	OutFit	0:40:40
60	144	Lucy	Broster	F	Open	5km	Wrexham AC	0:40:41

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
61	53	Dave	Rowe	M	V40	5km		0:40:47
62	61	Dylan	Rowe	M	Open	5km		0:40:48
63	82	Greg	Emslie	M	V40	5km		0:41:09
=64	26	Beatrice	Roberts	F	U12	5km		0:41:51
=64	143	Lowri	Jones	F	V40	5km	OutFit	0:41:51
66	223	Steve	Mack	M	V40	5km	Mersey Tri	0:41:53
67	18	Ann	Carberry	F	V50	5km	Kirkby Milers AC	0:42:32
68	7	Alan	Bodden	M	Open	10km		0:42:50
69	119	June	Morgan	F	V70	5km	OutFit	0:43:07
70	120	Karen	Holding	F	V40	5km Canix	Shropshire Canicross	0:44:00
71	136	Lisa	Hyde	F	V40	5km Canix	Running Riot Canicross Skipton	0:44:04
72	225	Susan	Owen	F	V60	5km	OutFit	0:44:35
73	202	Ryan	Morrison	M	V40	10km	Cadence Tri	0:45:05
74	63	Elaine	Cunningham	F	Open	5km	Liverpool RC	0:45:32
75	4	Ady	Moss	M	V40	5km		0:45:36
76	232	Thomas	Wilson	M	Open	10km	Liverpool RC	0:45:41
77	241	Wendy	Davies	F	V40	5km	The Fitness Academy	0:45:51
78	215	Sian	Aitken	F	Open	5km		0:46:10
79	160	Matthew	Kelsey	M	Open	10km		0:46:40
80	22	Anthony	Spruce	M	Open	10km	West Cheshire AC	0:46:56
81	67	Faye	Farlam	F	Open	5km		0:47:15
82	196	Richard	Drury	M	Open	10km		0:47:31
83	123	Kate	Meredith Jones	F	Open	5km	OutFit	0:47:37
84	219	Simon	Jones	M	V50	5km		0:47:54
85	47	Daisy	Mcnally	F	U12	5km		0:48:35
86	156	Matt	Fairhead	M	Open	10km	Wirral Vikings	0:48:43
87	220	Stephanie	Mcnally	F	Open	5km		0:48:50
88	186	Phil	Magraw	M	Open	10km	Ellesmere Port RC	0:49:33
89	172	Nick	Chadwick	M	V40	10km		0:49:45
90	12	Amy	Jones	F	Open	10km		0:50:05
91	251	Susan	Fourie	F	V40	10km	Chester Tri	0:50:26

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
92	231	Terrie	Johnson	F	V50	5km Canix	MCT Fitness	0:50:40
93	5	Aime	Hannant	F	V40	10km	Ruthin Tri Stars	0:51:03
94	240	Warren	Mcnally	M	V40	10km		0:51:19
95	248	Gemma	Wathan	F	Open	10km	Eryri Harriers	0:51:41
96	218	Simon	Greenwood	M	V50	10km		0:51:55
97	253	Richard	Lee	M	V50	10km		0:52:25
98	113	John	Ashton	M	V40	10km	Buckley RC	0:52:32
99	36	Carolyn	Stamper-Clark	F	V40	10km		0:52:35
100	9	Aled	Thomas	M	Open	10km	Buckley RC	0:53:04
101	178	Paul	Johnstone	M	V40	10km	Mersey Tri	0:53:16
102	176	Paul	Brown	M	Open	10km	Liverpool RC	0:53:28
103	107	Jessica	Shone	F	Open	5km		0:54:11
104	249	Alison	Cole	F	V40	10km	Ellesmere Port RC	0:54:16
105	6	Al	Wathan	M	V60	10km		0:54:32
106	33	Carl	Hayes	M	V40	10km		0:54:53
=107	83	Hayley	Fairclough	F	Open	10km	Liverpool RC	0:55:23
=107	182	Paul	Wilson	M	V40	10km	Liverpool RC	0:55:23
109	198	Richard	Wykes	M	V40	10km	OutFit	0:55:36
110	185	Peter	Aitken	M	Open	10km	Liverpool RC	0:55:45
111	235	Tom	Partridge	M	V50	10km	Samuel Beckett Run Club	0:55:48
112	11	Alison	Williams	F	Open	10km		0:56:10
113	62	Eirian	Edwards	F	Open	10km		0:56:25
114	51	Daniel	Old	M	Open	10km		0:56:52
115	163	Melfyn	Roberts	M	V40	10km		0:56:58
116	131	Laura	Roach	F	Open	10km	Liverpool RC	0:57:00
117	243	Steve	Holliman	M	V40	10km	Chester Tri	0:57:08
118	242	David	Fitzsimon	M	V40	10km	OutFit	0:57:09
119	112	Joe	Pedder	M	Open	10km	Deestriders	0:57:24
120	46	Craig	Garlick	M	Open	10km		0:57:28
121	45	Corey	Williams	F	Open	5km		0:57:37
122	42	Christopher	Smalley	M	V40	10km		0:57:56

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123	94	Islay	Horton	F	V40	10km		0:58:35
=124	247	Bob	Cole	M	V40	10km		0:58:46
=124	114	John	Crossley	M	V50	10km		0:58:46
126	54	Dave	Snow	M	V50	10km	Delamere Spartans	0:58:54
127	79	Gary	Cook	M	V40	10km		0:59:07
128	116	Jonathan	Guy	M	Open	10km		0:59:35
129	89	Helen	Kelsall	F	Open	10km	Kirkby Milers AC	0:59:41
130	167	Natalie	Eddy	F	Open	5km		1:00:18
131	194	Rebecca	Hill	F	Open	10km		1:00:43
132	20	Ann-Marie	Atherton	F	Open	10km		1:00:52
133	252	Mark	Jones	M	V50	10km		1:00:53
134	100	James	Williams	M	Open	10km		1:01:05
135	15	Andrew	Price	M	Open	10km		1:01:41
136	189	Rachel	Hurst	F	Open	10km	OutFit	1:02:32
137	216	Sienna	Evans	F	U12	5km		1:02:57
=138	125	Kelly	Harding	F	V40	10km		1:02:58
=138	141	Louise	Gorman	F	Open	10km		1:02:58
=138	146	Lynsey	Burkhill	F	Open	5km		1:02:58
141	142	Louise	Woolfall	F	Open	10km		1:03:08
142	50	Daniel	Hill	M	Open	10km		1:03:47
143	37	Carolyn	Caughter	F	Open	10km		1:04:07
144	49	Daniel	Forse	M	Open	10km		1:04:17
145	226	Susanne	Smith	F	V50	10km	Leigh Harriers & AC	1:04:19
146	16	Angela	Letman	F	V50	10km	Ellesmere Port RC	1:04:26
147	137	Lisa	Mercer	F	Open	10km	Liverpool RC	1:04:40
=148	40	Chris	Birch	F	V70	10km	Abergele Harriers	1:04:52
=148	157	Matt	Helme	M	V50	10km	Liverpool RC	1:04:52
150	101	Jan	Snow	F	V50	10km	Delamere Spartans	1:04:55
151	238	Valerie	Kinvig	F	V50	10km		1:05:05
152	197	Richard	Smith	M	V40	10km		1:05:10
153	166	Mike	Goodenough	M	V40	10km		1:05:13

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
154	69	Finlay	Birkett	M	Open	10km	OutFit	1:05:19
155	179	Paul	Meadows	M	Open	10km		1:06:00
156	87	Helen	Bowness	F	V40	10km	Wrexham AAC	1:06:05
=157	28	Bernie	Pedder	F	V50	10km	Chester Tri	1:06:20
=157	184	Penny	Martin	F	Open	10km	Spartans Trail Running Club	1:06:20
159	34	Carol	Furlani	F	V40	10km		1:06:42
=160	173	Nicola	Smith	F	V50	10km		1:07:13
=160	228	Terence	Martin	M	V50	10km	MCT Fitness	1:07:13
162	75	Gareth	Attwood	M	Open	10km		1:07:24
163	39	Chris	Basey	M	V50	10km	Delamere Spartans	1:07:34
164	43	Claire	Halestrap	F	V50	10km	OutFit	1:08:36
165	111	Joanne	Moore	F	V50	10km	OutFit	1:08:44
166	207	Sarah	Basey	F	V40	10km	Delamere Spartans	1:08:58
167	212	Sharon	Cooke	F	V40	10km		1:09:10
168	229	Teresa	Cade	F	Open	10km		1:09:16
=169	86	Heather	Martin	F	Open	10km	OutFit	1:09:34
=169	171	Nicholas	Richardson	M	V40	10km		1:09:34
171	32	Cariad	Roberts	F	Open	10km	Newport Harriers	1:09:44
172	246	Roger	Barlow	M	V40	10km	Run Neston	1:10:07
=173	14	Andrew	Aitken	M	Open	10km	Prestatyn RC	1:10:11
=173	153	Mark	Jebb	M	V40	10km	Run Neston	1:10:11
175	224	Sue	Williams	F	V40	10km		1:10:39
176	88	Helen	Carr	F	Open	10km		1:10:49
177	38	Catherine	Guy	F	Open	10km		1:10:53
178	201	Ryan	Davis	M	Open	10km		1:11:39
=179	103	Jane	Steel	F	V40	10km	Ellesmere Port RC	1:11:57
=179	205	Sam	Rowland	M	Open	10km		1:11:57
181	121	Karen	M	F	V50	10km		1:13:18
182	55	David	Spencer	M	V40	10km	Denbigh Harriers	1:13:21
183	19	Ann	Dean	F	V50	10km	Warrington RC	1:14:07
184	127	Kenneth	Noble	M	V60	10km	Run in Wirral	1:14:14

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185	96	Isobelle	Davies	F	Open	10km		1:14:23
186	204	Sally	Pritchard	F	V50	10km	OutFit	1:15:49
187	2	Adam	Smith	M	Open	10km		1:15:57
188	118	Julie	Hirst	F	V40	10km	The Fitness Academy	1:16:04
189	140	Louisa	Crossley	F	V50	10km		1:16:53
190	214	Shirley	Moots	F	V50	10km	MCT Fitness	1:16:56
191	25	Barry	Rylance	M	V40	10km	Rylance Runners	1:17:24
192	237	Tracey	Millar	F	V50	10km		1:17:27
=193	81	Glenda	Jewsbury	F	V50	10km		1:17:43
=193	85	Hayley	Wright	F	Open	10km		1:17:43
195	134	Leann	Picken	F	Open	10km		1:17:52
196	60	Donna	Mannion	F	V50	10km	Liverpool RC	1:17:53
197	135	Linda	Jump	F	V50	10km	Liverpool RC	1:18:02
198	210	Sarah	Mcdonnell	F	V40	10km	Wirral AC	1:18:03
199	109	Jill	Richards	F	Open	10km		1:19:02
200	187	Phillip	Rylance	M	V60	10km		1:19:28
201	77	Gareth	Jones	M	V50	10km		1:21:44
202	29	Beverley	Goodson	F	V50	10km	Deestriders	1:22:11
203	70	Fiona	Robinson	F	V50	10km	Deestriders	1:22:30
204	17	Anita	Cain	F	V40	10km	Liverpool RC	1:22:36
205	21	Annette	Martin	F	V40	10km	MCT Fitness	1:24:20